

Chartwells School Dining Services at Scotia-Glenville Elementary School

Lunch Menu September 14 - September 30, 2020

No Charge for Free & Reduced Meals Extra Milk \$.65

Fresh Tossed Salad and Fresh Fruit Served Daily

A full student lunch includes a choice of entrée supplying protein and grain, vegetable side dish, fruit side dish and a milk.

Milk Choices include 1%, skim white, strawberry and chocolate				
Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
Chicken Nuggets Whole Grain Roll Steamed Green Beans Apples	 Beef Tacos w/ Salsa, Cheese, WG Tortilla Chips, and Lettuce Black Bean and Corn Salad Steamed Carrots Orange Wedges	Pulled BBQ Pork* on a Whole Grain Roll Tater Tots Steamed Broccoli Banana	Baked Macaroni and Cheese Whole Grain Roll Grape Tomatoes Melon Chunks	Homemade Pepperoni Pizza* Spinach Salad Steamed Cauliflower Orange Wedges
21	22	23	24	25
Cheese Stuffed Bread Sticks with Marinara Celery and Carrot Sticks Apples	 Beef Nachos w/ Salsa, Cheese, WG Tortilla Chips, and Lettuce Refried Beans Steamed Corn Orange Wedges	Whole Grain French Toast Sticks with Syrup Sausage Patty Steamed Broccoli Strawberry Cup	Chicken Patty Sandwich on a Whole Grain Roll Tater Tots Grape Tomatoes Banana	Homemade Pepperoni Pizza* Mixed Greens Salad Steamed Green Beans Blueberries
28	29	30		
Beef Cheeseburgers on a Whole Grain Bun Vegetarian Beans Steamed Green Beans Fresh Pineapple	 Beef Nachos w/ Salsa, Cheese, WG Tortilla Chips, and Lettuce Refried Beans Steamed Corn Orange Wedges	All Beef Hot Dog on a Whole Wheat Roll Tater Tots Steamed Broccoli Banana		
Alternate Entrees	Alternate Entrees	Alternate Entrees	Alternate Entrees	Alternate Entrees
Chocolate Chip Muffin, Cheese & Yogurt Fun Lunch	Turkey with or without Cheese on a Whole Grain Roll	Cheese Stuffed Breadsticks with Marinara Sauce	Cinnamon Crunch Cereal, Cheese & Yogurt Fun Lunch	Homemade Cheese Pizza
Chicken Caesar Salad w/ Whole Grain Breadsticks	Garden Chef Salad w/ Whole Grain Breadsticks	Chicken Caesar Salad w/ Whole Grain Breadsticks	Garden Chef Salad w/ Whole Grain Breadsticks	Garden Cheese Salad w/ Whole Grain Breadsticks
Peanut Butter and Jelly on Whole Grain Bread	Peanut Butter and Jelly on Whole Grain Bread	Peanut Butter and Jelly on Whole Grain Bread	Peanut Butter and Jelly on Whole Grain Bread	Peanut Butter and Jelly on Whole Grain Bread
 <div style="border: 1px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <p>ELEMENTARY: A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white, skim white, chocolate & strawberry</p> </div>				
*Contains Pork	This Institution is an equal opportunity employer and provider		<i>Questions or Comments? Please call Scott Stowell @ 518-382-1259</i>	