



Scotia-Glenville High School & Middle School: LUNCH MENU

Lunch Paid \$2.65

September 14 - September 18, 2020

Offered Daily: Yogurt and Berry Parfait with Nut Free Granola, Yogurt Smoothies with 2 Grains, Milk variety including Chocolate Skim, White Skim and 1% White, Hummus with Pita Wedges & Fresh Vegetables, and a Bagel/Yogurt/String Cheese/Veggie Comb.

	Monday	Tuesday	Wednesday	Thursday	Friday	
Entrée						
create	Italian Meatball Sub on a Whole Wheat Roll <i>Tator Tots</i> Seasoned Green Beans	Taco Tuesday Bar Beef Taco Meat <i>Tortilla Chips or Taco Shells</i> Lettuce, Tomatoes, Cheese Sour Cream & Salsa Black Beans Pears	General Tso's Chicken w/ Whole Grain Dinner Roll <i>Brown Rice</i> Seasoned Broccoli Peach Cup Applesauce	Chicken Burritos w/ Salsa <i>Tator Tots</i> Diced Peach Cups Grape Tomatoes	Personal Pan Pizza w/ Assorted Toppings <i>Steamed Cauliflower</i> Bananas	
	2mato					
	2mato	Meatball Pizza	Bagel Pizza	Cheese Calzone	Chicken Pizza	Broccoli Pizza
		Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza	Cheese Pizza
Pepperoni* Pizza		Pepperoni* Pizza	Pepperoni* Pizza	Pepperoni* Pizza	Pepperoni* Pizza	
Fruits & Vegetables <i>Apples, Oranges, Bananas, Carrots, Celery, and Cucumbers are offered daily.</i>						
EXTRA! EXTRA!	Apples	Apples	Apples	Apples	Apples	
	Oranges	Oranges	Oranges	Oranges	Oranges	
	Bananas	Bananas	Bananas	Bananas	Bananas	
	Celery	Celery	Celery	Celery	Celery	
	Carrots	Carrots	Carrots	Carrots	Carrots	
	Cucumbers	Cucumbers	Cucumbers	Cucumbers	Cucumbers	
On The Go						
ON THE GO	Turkey and Cheese Wrap Mixed Green Salad Chef Salad* Served w/WG Dinner Rolls	Ham* and Cheese Wrap Mixed Green Salad Greek Salad with Chicken Served w/WG Dinner Rolls	Turkey and Cheese Wrap Mixed Green Salad Chicken Caesar Salad Served w/WG Dinner Rolls	Ham* and Cheese Wrap Mixed Green Salad Spinach Salad Served w/WG Dinner Rolls	Turkey and Cheese Wrap Mixed Green Salad Cheddar Mozzarella Salad Served w/WG Dinner Rolls	
	Grill					
	grill'd	Chicken Patty on a Whole Grain Roll Chicken Nuggets w/ a Whole Grain Roll	Chicken Patty on a Whole Grain Roll Chicken Nuggets w/ a Whole Grain Roll	Chicken Patty on a Whole Grain Roll Chicken Nuggets w/ a Whole Grain Roll	Chicken Patty on a Whole Grain Roll Chicken Nuggets w/ a Whole Grain Roll	Chicken Patty on a Whole Grain Roll Chicken Nuggets w/ a Whole Grain Roll

Dark Leafy Green Salad Served Daily * = contains pork **This Institution is an equal opportunity employer and provider**